

Acute flaccid paralysis surveillance data analysis, Sana'a City, Yemen, 2012-2021: A retrospective descriptive analysis

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ABSTRACT

Background: WHO certified Yemen polio-free in 2009. Outbreaks of circulating Vaccine Derived Polioviruses (cVDPV) threaten the eventual eradication of all polioviruses. In Yemen, two outbreaks of cVDPV type 1 and 2 were reported in 2020 and 2021-2022, respectively. This study aimed to describe trends and characteristics of AFP cases in Sanaa city over the last ten years, from 2012 to 2021. **Methods:** This cross-sectional study involved retrospective descriptive analysis of surveillance data. All AFP cases reported to the AFP Surveillance System at the Ministry of Public Health and Population between January 2012 and December 2021 were included. **Results:** During the ten years' period, a total of 593 cases of AFP were reported in Sana'a City; none of which was confirmed as poliomyelitis. 56% of AFP cases were males, and 60% aged five years or younger. More than half (61%) of cases had received 4 doses or more of OPV. The predominant clinical feature was fever (79%). Paralysis progressed within 3 days of onset in 437 (74%) cases, which was asymmetrical in 202 (34%) cases. The annual incidence of non-polio AFP ranged from 2.6/100,000 to 4.9/100,000 (mean: 3.5/100,000), which met the WHO target. Regarding sample adequacy, we found that in 2017, the sample adequacy fell short of the expected minimal (80%) level, though all districts met the WHO target (>80%) except in At Tahrir District (77%). **Conclusions:** The AFP surveillance system has improved over the past 10 years in Sana'a city. However, strengthening the two main indicators of AFP surveillance, especially sample adequacy, is recommended. It is advisable to establish a national laboratory that adheres to WHO-recommended procedures for detecting polioviruses in stool samples. Because zero doses were reported among 12% of AFP cases, maintaining high coverage through routine immunization and supporting supplementary immunization activities is crucial to ensure that most children are vaccinated, thereby contributing to the eradication of polio.

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Introduction

Poliomyelitis is one of the vaccine-preventable diseases caused by a virus. It invades the nervous system and can cause total paralysis in a matter of hours [1]. Polio cases caused by either wild poliovirus (WPV) or circulating vaccine-derived poliovirus (cVDPV) are detected through surveillance for acute flaccid paralysis (AFP) and subsequent stool specimen testing at World Health Organization (WHO)-accredited laboratories in the Global Polio Laboratory Network [2]. As a part of the worldwide campaign to eradicate polio, all countries do surveillance for polio by looking for clinical cases of AFP [3]. An effective AFP surveillance system is essential to the broader effort to eradicate polio. AFP is mainly seen in children below 15 years of age. Accordingly, the goal of AFP surveillance is to detect, report, and investigate all AFP cases so that poliomyelitis can be ruled out as the cause of the paralysis. [4],[5]. Cases due to wild poliovirus have decreased by over 99% since 1988, from an estimated 350,000 cases in more than 125 endemic countries to just two endemic countries (as of October 2023) [1]. The world has eradicated two of the three wild poliovirus strains, leaving only wild poliovirus type 1 still in circulation. In addition to stopping the wild virus, to achieve eradication, the world needs to end outbreaks of cVDPV (a non-wild variant of the virus that can emerge in under-immunized communities) that are currently spreading in parts of the world [6]. In 2022, endemic wild poliovirus type 1 remains in two countries: Pakistan and Afghanistan [7]. At the national level, an outbreak of vaccine-derived poliovirus type 1 (cVDPV1) was reported in 2020 despite. Yemen was certified free of polio since 2009 [8]. In late 2021 and 2022, cases of paralytic polio caused by vaccine-derived poliovirus type 2 were also detected [9]. The marked negative impact of the 2015 war on immunization coverage could put Yemen at more risk of emergence and circulation of VDPV outbreaks [10]. The health system infrastructure is mostly destroyed, routine immunization (RI) coverage is low, and significant numbers of vaccine-preventable disease outbreaks such as diphtheria and measles are reported [8]. This has led to a drop in vaccination rates and the re-emergence of cVDPV1 in 2020 and cVDPV2 in 2021 and 2022. Data from this analysis may contribute to a broader understanding of outbreak vulnerabilities in Sana'a city. In recent years, the number of reported AFP cases has reached high level. No previous

studies have investigated the different aspects of AFP cases in Sana'a City, so this study aimed to describe trends in the incidence of AFP cases and the characteristics of these cases in Sanaa City over the last ten years from 2012 to 2021.

Description of AFP Surveillance system in Yemen

The AFP surveillance system was established in Yemen in 1998 [9]. The primary goals of the program include the early identification and examination of any AFP cases, assessment of the performance of the AFP Surveillance program using a customized local version of the standard WHO indicators and confirming that Yemen remains polio-free [11]. The process for AFP surveillance begins with community informants or designated focal points in healthcare facilities reporting every case and submitting weekly updates, including reports where no cases have been found. District and governorate coordinators are tasked with collecting, analyzing, verifying, investigating, and ensuring the collection of stool samples from suspected cases. National-level surveillance activities comprise the verification, investigation, analysis, and coordination with the Expanded Program of Immunization (EPI) to implement necessary actions.

Since Yemen had no national polio lab, AFP specimens are sent abroad to accredited WHO-referral polio labs. During the ten years' period, AFP samples were shipped out of Yemen either to the Polio KEMRI in Nairobi, Kenya or Oman's National Polio Lab in Muscat (ONPL), Oman, and NAMRU-3 laboratory in Egypt. Meanwhile, plans are underway to improve Yemen's laboratory testing capacity, that considered one of the foundations of a strong polio surveillance system [12]. Stool samples from all AFP cases were recently sent to ONPL in Oman. WHO-accredited polio lab results are used to determine the final classification of AFP cases.

Methods

Study design

A descriptive cross-sectional study involving retrospective secondary data analysis on AFP cases from Sanaa city, reported to the AFP surveillance office database at the Ministry of Public Health and Population (MoPHP) during the period from 2012 to 2021 inclusive.

Study setting

Sana'a is the capital of the Republic of Yemen and is divided into 10 administrative districts. According to EPI, the estimated number of children under 15 years of age at Sanaa city in 2021 was 1,976,355. As-Sab'in and Ma'in districts were the most populous, with 495,340 and 302,768 children under 15 years, respectively.

Study population

The study included all cases recorded based on the AFP standard case definition, which was maintained in the database at the national AFP surveillance office at MoPHP from 2012 to 2021. The WHO standard AFP case definition used was: "Any child under 15 years of age with AFP or any person of any age with paralytic illness if polio is suspected [13]

Data variables

The recorded sociodemographic factors included age, sex, district, vaccination history, year of onset, and clinical symptoms such as the presence of fever, paralysis progression, symmetry. Two important indicators were assessed based on WHO targets: Non-polio AFP rate and stool adequacy. Laboratory results from the testing of stool samples of AFP cases were included.

Definitions

Non-polio acute flaccid paralysis rate: According to the guidelines, the system should detect at least 2 AFP cases per 100,000 children under 15 years.

Stool adequacy: Defined as two stool specimens collected from an AFP case at least 24 hours apart and within 14 days of the onset of paralysis and arriving at the laboratory in good condition. Adequate stool samples must be detected among at least 80% of all AFP cases.

The final classification of AFP cases

Once laboratory results have been received, all AFP cases undergo final case classification. AFP cases with adequate stool specimens are either discarded as non-polio AFP if no WPV or VDPV was found, or confirmed as polio if WPV or VDPV was found [14]. If stool specimens are inadequate, final classification of the AFP case depends on the results of 60-day follow-up examination. If the 60-day follow-up examination shows no residual weakness, the case is classified as non-polio AFP. If the AFP case has residual paralysis, died or is lost to follow-

up, it must be reviewed and classified by the National Polio Expert Committee (NPEC) [15]

Data analysis

The national AFP surveillance program data was thoroughly reviewed and verified, ensuring that the data is both complete and consistent through regular checks. After checking the data for completeness, Excel and Epi Info version 7.2 were used to generate a descriptive analysis of sociodemographic factors and clinical history. The main indicators were evaluated using the WHO-recommended surveillance standard [13]. The population statistics utilized for the calculation of the rates were sourced from the EPI. A table was generated to display the frequencies of sociodemographic, clinical characteristics of AFP cases and final laboratory results of stool specimens. Graphs and maps were used to visualize vaccination status by districts and the performance of surveillance indicators by time and place.

Ethical consideration

The data extraction and ethical study direction were approved by the administration of the diseases control and surveillance and national AFP surveillance at MoPHP. Formal ethical approval was not sought because secondary data analysis of surveillance databases is considered a routine public health activity and one of the expected deliverables that must be accomplished by Yemen Field Epidemiology Training Program trainees. We ensured the confidentiality of patients by employing coded identifiers.

Results

Over the ten years, a total of 593 AFP cases (an average of 59.3 cases per year) were reported. None of the AFP cases were confirmed as poliomyelitis. The highest number of reported cases occurred in 2021, accounting for 15% of the total (Table 2). Of the AFP cases, 334 (56%) were male, and 353 (60%) of the cases involved children aged 5 years or younger. Fever at the onset of paralysis was reported in 469 (79%) of the AFP cases, and paralysis progressed within 3 days of onset in 437 (74%) cases. Asymmetrical paralysis was observed in 202 (34%) of the cases. More than half of the AFP cases (61%) had received the recommended three or more doses of the oral polio vaccine (OPV), while 12% had not

received any doses of OPV. The highest zero dose percent was reported in 2020 (Table 1).

AFP surveillance Performance

Annual NP-AFP rate: A steady increase in the NP-AFP rate was observed from 2012 to 2015, reaching its peak in 2016. The rate then decreased in 2018 to 3.4/100,000, but increased again from 2019 to 2021. Over the ten years, the non-polio AFP rate met the WHO minimum target of ≥ 2 cases per 100,000 children under 15 years, with an average rate of 3.5 /100,000. (Figure 1).

NP-AFP rate by district: The overall mean NP-AFP rate performance was achieved across all districts, with all districts maintaining a rate above the target level. The mean NP- AFP detection rate varied between districts, but all met the WHO standard level of ≥ 2 AFP cases per 100,000 children under 15 years of age over the ten – year period. The highest rates were detected in Bani AL- Harith and the Old City of Sana'a, while Azzal had the lowest rate. (Figure 2).

Stool Adequacy by year: With the exception of 2017, when only 74.6% of samples were sufficient, sample adequacy across the ten years exceeded the WHO minimum requirement of $\geq 80\%$ (Table 2).

Stool Adequacy by district: With the exception of At-Tahrir district, where the stool adequacy rate was 77%, below the minimum aim of 80%, other districts had stool adequacy rates that met or exceeded the minimum target. (Figure 4).

Vaccination status by district

The vaccination status as 61% (362) of AFP cases received ≥ 4 doses of OPV. At Tahrir district showed the higher percentage (95%) of AFP cases who had received ≥ 4 doses of OPV. Of the total AFP cases, 27 % (158) had 1-3 doses and 12% (73) had zero doses (un-immunized). A higher percentage of zero doses was 19% in Bani AL Harith and 16% in Shu'ub and AL Wehdah Districts. (Figure 3).

Laboratory Results of AFP cases from the testing of samples

No virus isolated from 84.3 % of samples collected and tested. *Sabin*- like polioviruses accounted for

1.7% of the isolates while, 13.3% were non-polio enterovirus. Four cases with inadequate specimens were reviewed and discarded by NPEC. (Table 3).

Discussion

Yemen was certified polio-free by WHO in 2009, but there is always a high risk of importing WPV from visitors and migrants coming from polio-endemic countries. So a strong surveillance system is important [16]. We analyzed the AFP surveillance data in Sana'a city from 2012 to 2021, after the new emergence of cVDPV1 in Saadah governorate and cVDPV2 confirmation of outbreak in the country. During the period of 2016, and from 2019 to 2021, the number of AFP cases were high compared to previous years. This is due to persistent efforts during the last years especially after the cVDPV1 that have been reported during 2020 from Saadah governorate. The involvement of pediatricians, clinicians and volunteers trained in community-based surveillance play an important role in increasing the reporting rate. Our analysis revealed that no polio cases were reported over the last ten years in Sana'a city. This finding agrees with studies conducted in Egypt and Iran [16],[17]. The demographic variables showed that the AFP cases were slightly higher among males compared to females, which was consistent with many other published studies in Sudan, and Kenya [18],[19]. Most cases were 5 years old or younger, which was similar to the study findings in Egypt, Jordan, and Syria [16],[20],[21].

The clinical variables showed that the predominant clinical history was fever at onset of paralysis, which is similar to findings of studies conducted in Egypt and Kenya [16],[19]. Paralysis was asymmetrical in one-third of cases, which was a lower proportion than that found in Ethiopia, Jordan, and Sudan [18],[20], [22]. Paralysis progressed within 3 days among nearly two-thirds of cases, which was higher than those from Nigeria [23] The vaccination against polio is one of the most important measures to eradicate polio. Over the study period, more than half of cases had received 4 or more doses of OPV and this was similar to studies conducted in Sudan and Nigeria [22],[24]. Zero-dose cases were reported in five years, and it did not exceed more than 2 cases per year except in 2020, when six cases were reported due to the impact of COVID-19 pandemic, which made major disruptions in all health services,

including EPI. In addition to reviewing and improving routine immunization, every zero-dose AFP case is reported from the surveillance system to EPI, where a team of EPI and surveillance officers evaluates immunization activity and, in certain situations, conducts child vaccinations or mopping-up campaigns.

Regarding the NP-AFP rate by years, it met the WHO recommended minimum standard of 2/100,000 for all years. This agrees with studies conducted at the national level [9],[11] and previous studies carried out in Iran and Sudan [17],[22] but is different from a study conducted in Jordan [20]. The peak was in 2016, and this could be explained by active AFP surveillance and efforts from central levels in strengthening surveillance activities and peripheral levels in the notification. It may also be supported by community-based surveillance.

The sample adequacy met the target in all years except in 2017, which is similar to the national study conducted for the evaluation AFP Surveillance System before and after the war [11]. In 2017, delay in sample collection was the cause of inadequate samples among nine AFP cases. Eight samples, three of which came from the At Tahrir district had been pending at Djibouti without maintaining the cold chain

In general, all districts met the WHO target. However, Bani AL Harith, Shu'ub and Sana'a old city districts showed the highest NP-AFP rate as compared to other districts. Regarding sample adequacy, all districts met the WHO target except At Tahrir district (77%). The sample adequacy target was unmet according to two national studies conducted before [9],[11]. These recurrent findings show that there is a gap and difficulty in meeting the target of specimen adequacy. This may be attributed to delay in detection and collection of stools due to a lack of training and logistics, or an unmaintained cold chain, leading to stools not arriving in good condition. In At Tahrir district, there were five cases out of 22 that had inadequate samples. In 2015; there was one inadequate sample attributed to transportation delays due to the impact of war. In 2017, three samples stayed at Djibouti for three months in a bad package without maintaining the reverse cold chain. In 2020, one sample was detected as inadequate due to delayed transportation to a WHO-accredited polio lab. This delay was linked to the effects of the COVID-19 pandemic on vaccine-

preventable diseases, and quarantine measures at the airport.

The absence of a national laboratory for poliovirus testing in Yemen poses significant challenges, as samples are currently stored within the national AFP surveillance program before being dispatched to the WHO referral laboratory. High stool adequacy over the study period in the most districts is similar to a study conducted in Uganda [4]. Regular analysis of AFP surveillance data is important to identify the trends in cases and discover any gaps in the system performance and abnormal observations beyond what is expected. Although this study was a secondary data analysis, it enabled stakeholders and researchers to identify trends, changes, and patterns of problems under investigation. It also helped us conduct local comparative analysis by time, place, and person.

Conclusion

We concluded that the AFP surveillance system in Sana'a city during the 10-year period has successfully fulfilled the WHO-recommended surveillance standard. However, we found that in 2017, the sample adequacy fell short of the expected minimal (80%) level. According to the district, the At Tahrir district failed to meet the sample adequacy target. More than half of AFP cases had received 4 or more doses of OPV. The highest percent of zero doses of AFP cases were reported in 2020. Majority of AFP cases were five years old or younger and males. Most cases had fever at the onset of paralysis. It is advised to preserve and improve the two primary AFP surveillance parameters, particularly sample adequacy.

To guarantee that AFP indicators are met, health professionals should be trained on the correct collection and transportation of specimens. It is essential to ensure that facilities are equipped with stool sample kits designed for transportation under-maintained reverse cold chain conditions. It was recommended that the first specimen should be collected at the time of the investigation. To avoid delays and minimize exposure to heat, timely shipment of samples to the reference lab is recommended. It is advisable to establish a national laboratory in Yemen that adheres to WHO-recommended procedures for the detection of polioviruses in stool samples. Furthermore, maintaining high coverage through routine

immunization (RI) and supporting supplementary immunization activities (SIAs) is crucial to ensure that most children are vaccinated, thereby contributing to the eradication of polio.

What is already known about the topic

- All the world uses AFP surveillance as a critical step for polio eradication.
- In Yemen, there are some challenges regarding reaching the target levels of indicators.
- Several cVDPV outbreaks occurred in Yemen from 2020 till 2023

What this study adds

- This study demonstrated the AFP key surveillance performance trend over a ten-year timeframe in Sana'a city districts.
- Identified indicators that did not meet targets and recommended strategies for maintaining and strengthening the AFP surveillance system at all country levels.

Competing Interest

The Authors of this work declare no competing interest

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Authors' contributions

All authors participated in data interpretation, and revision, which was led by Lamya AL Aroomi. Lamya and Labiba drafted the manuscript, which was critically revised and approved by all authors. Lamya AL Aroomi was the principal author who designed the study protocol, which was reviewed by Labiba Anam and Mutahar AL Qassemi. Faten Hamid Ezzadeen assisted the author in obtaining and understanding each variable of the data.

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Table 1: Demographic characteristics, vaccination, clinical history of AFP cases, Sana'a city, Yemen 2012–2021 (n=593)

Characteristics	Year of onset of paralysis										Total N (%)
	2012 n (%)	2013 n (%)	2014 n (%)	2015 n (%)	2016 n (%)	2017 n (%)	2018 n (%)	2019 n (%)	2020 n (%)	2021 n (%)	
Sex											
Male	18 (54.5)	16 (47.0)	25 (65.7)	21 (50.0)	33 (43.4)	43 (64.1)	39 (65.0)	36 (49.3)	47 (59.4)	56 (61.5)	334 (56.3)
Female	15 (45.4)	18 (52.9)	13 (34.2)	21 (50.0)	43 (56.5)	24 (35.8)	21 (35.0)	37 (50.6)	32 (40.5)	35 (38.4)	259 (43.6)
Age											
0–5 years	24 (72.7)	19 (55.8)	19 (50.0)	33 (78.5)	52 (68.4)	39 (58.2)	33 (55.0)	41 (56.1)	44 (55.7)	49 (53.8)	353 (59.5)
6–9 years	5 (15.1)	5 (14.7)	8 (21.0)	4 (9.5)	9 (11.8)	12 (17.9)	12 (20.0)	14 (19.2)	18 (22.7)	10 (10.9)	97 (16.3)
10–15+	3 (12.1)	10 (29.4)	11 (28.9)	5 (11.9)	15 (19.7)	16 (23.8)	15 (25.0)	18 (24.6)	17 (21.0)	32 (35.1)	143 (24.1)
Vaccination status											
Zero dose	5 (15.1)	5 (14.7)	6 (15.7)	1 (2.3)	1 (1.3)	8 (11.9)	4 (6.6)	9 (12.3)	20 (25.3)	14 (15.3)	73 (12.3)
1–3 doses	15 (45.4)	12 (35.2)	9 (23.6)	11 (26.1)	9 (21.0)	9 (13.4)	18 (30.0)	23 (31.5)	16 (20.2)	36 (31.8)	158 (26.6)
>=4 doses	13 (39.3)	17 (50.0)	23 (60.5)	30 (71.4)	59 (77.6)	50 (74.6)	38 (63.3)	41 (56.1)	43 (54.4)	43 (52.7)	362 (61.0)
Clinical history											
Fever at onset of paralysis	21 (63.6)	22 (64.7)	35 (92.1)	36 (85.7)	57 (75.0)	53 (79.1)	55 (91.6)	62 (84.9)	55 (69.6)	73 (80.2)	469 (79.0)
Paralysis progressed within 3 days	28 (84.8)	25 (73.5)	28 (73.6)	30 (71.4)	57 (75.0)	56 (83.5)	43 (81.6)	61 (83.5)	52 (80.0)	57 (62.6)	437 (73.6)
Asymmetrical paralysis	9 (27.2)	7 (20.5)	10 (26.3)	3 (7.1)	30 (39.4)	22 (47.7)	22 (36.6)	21 (28.5)	26 (25.5)	26 (28.6)	202 (34.0)

Performance Indicators	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
Number of cases reported annually	33	34	38	42	76	67	60	73	79	91
Non-polio AFP rate/100,000 below 15 yrs. (Target ≥ 2)	2.6	2.6	2.7	2.8	4.9	4.1	3.4	4.0	4.1	4.6
Proportion of AFP cases with Adequate sample (Target $\geq 80\%$)	90.9	82.3	97.3	88.1	88.1	74.6	95	91.7	88.6	91.2

Table 3: Laboratory results from the testing of samples of AFP cases, Sana'a city, 2012–2021

Lab result	N	%
No virus isolated	500	84.3
Non-polio enteroviruses	79	13.3
Sabin-like (SL)	10	1.7
Discarded by NPEC*	4	0.7

NPEC: National Polio Expert Committee

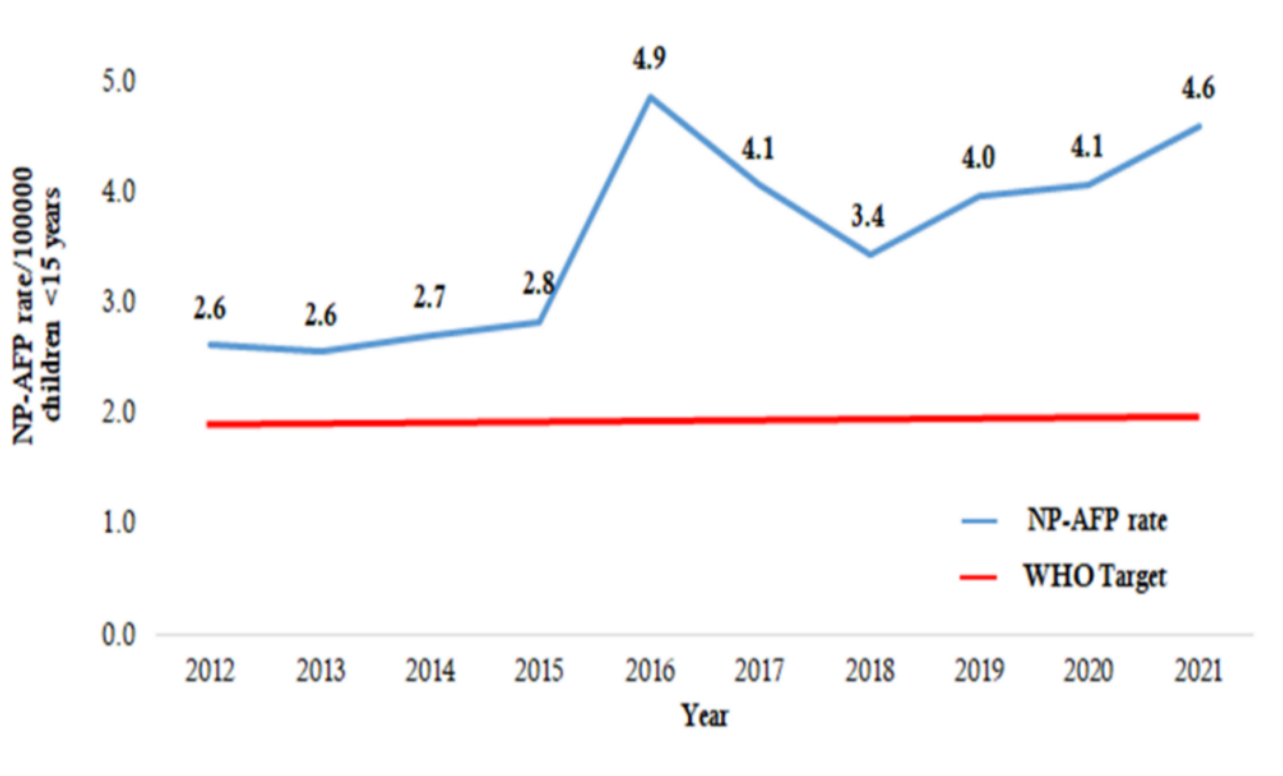


Figure 1: Trends of non-polio AFP rate, Sana'a City, Yemen, 2012-2021

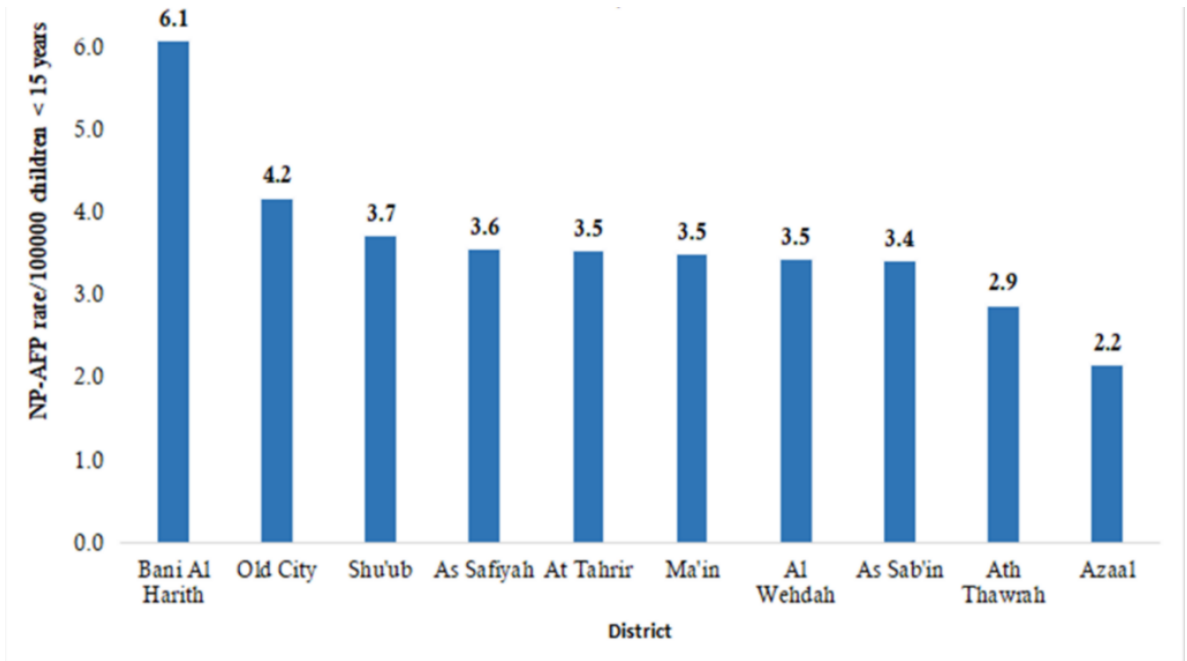


Figure 2: Mean of non-Polio AFP rate /100,000 by districts, Sana'a city, Yemen, 2012-2021

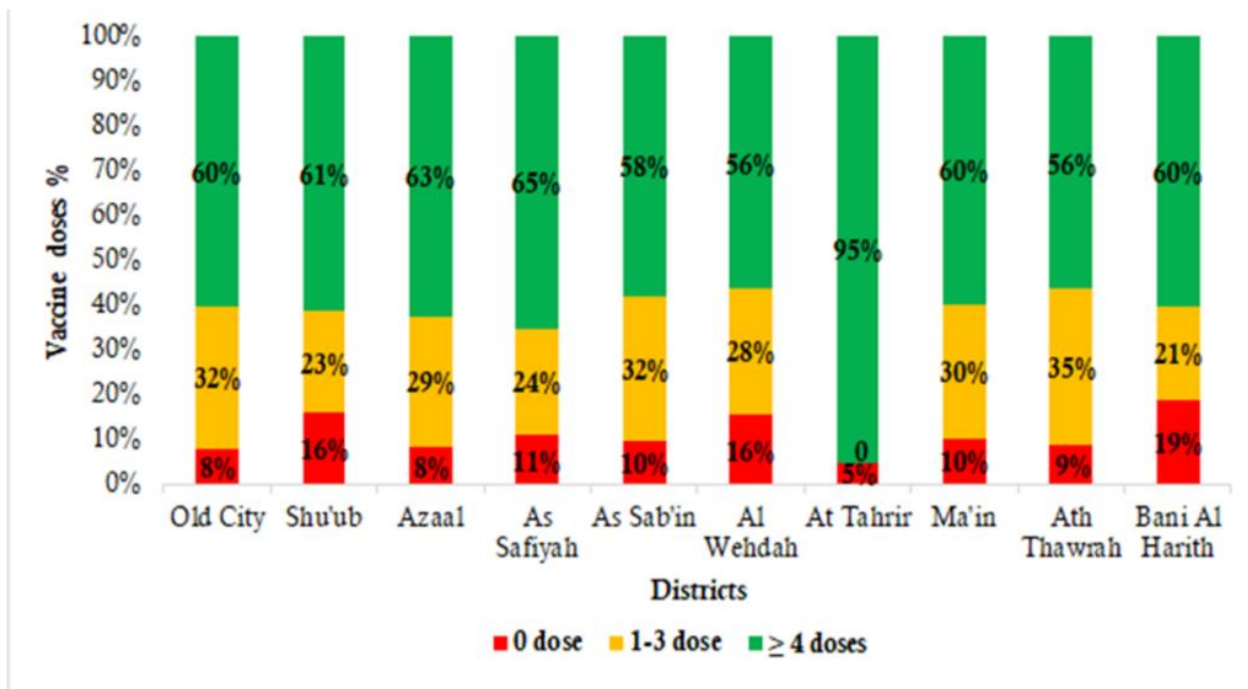


Figure 3: Doses of Oral Polio Vaccine of AFP cases by districts, Sana'a city, Yemen, 2012-2021 n=593

Figure 4. Mean percent Sample Adequacy by districts, Sana'a city, Yemen, 2012-2021

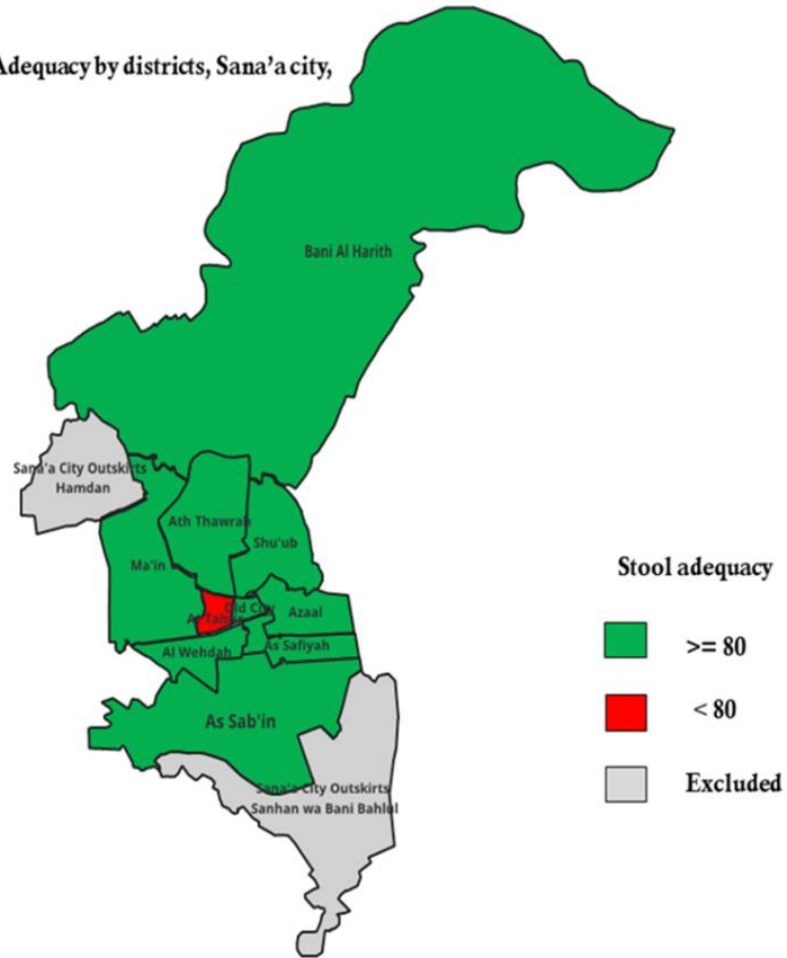


Figure 4: Mean percent Sample Adequacy by districts, Sana'a city, Yemen, 2012-2021